

Amazing Meals
Italian Style Beef Meatballs & Spaghetti

Nutrition Facts

Serving Size 1 tray (12oz) (340g)

Servings Per Container 1

Amount Per Serving

Calories 380

Calories from Fat 120

% Daily Value*

Total Fat 14g **22%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 55mg **18%**

Sodium 550mg **23%**

Total Carbohydrate 44g **15%**

Dietary Fiber 3g **12%**

Sugars 16g

Protein 23g **46%**

Vitamin A 4% • Vitamin C 6%

Calcium 4% • Iron 14%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g