

Nutrition Facts

16 servings per container

Serving size**1 bar (48g)**

Amount Per Serving

Calories**220**

% Daily Value*

Total Fat 12g **15%**Saturated Fat 2.5g **13%***Trans* Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 7g

Cholesterol 0mg **0%****Sodium** 5mg **0%****Total Carbohydrate** 25g **9%**Dietary Fiber 2g **7%**

Total Sugars 15g

Includes 0g Added Sugars **0%****Protein** 5g **10%**Vitamin D 0mcg **0%**Calcium 0mg **0%**Iron 1.7mg **10%**Potassium 300mg **6%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.