GM - Cinnamon Chex
<b>Nutrition</b> Facts
Serving Size 1 bowl (28g) Serving Per Container about 1
Amount Per Serving
Calories 110 Calories from Fat 2
% Daily Value
Total Fat 2g 39
Saturated Fat 0g 0%
Trans Fat 0g
Cholesterol 0mg 0%
<b>Sodium</b> 170mg <b>7</b> %
Total Carbohydrate 23g 89
Dietary Fiber <1g 3%
Sugars 7g
Protein 1g
Vitamin A 8% Vitamin C 8%
Calcium 8% Iron 40%
*Percent Daily Values are based on a 2,00
calorie diet. Your Daily Values are based on a 2,00 calorie diet. Your Daily Value may be higher o lower depending on your calorie needs