

Elmhurst
Milked Coconuts & Cashews

Nutrition Facts

4 servings per container

Serving size 8 fl oz (240ml)

Amount Per Serving

Calories **130**

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 105mg **4%**

Total Carbohydrate 6g **2%**

Dietary Fiber 0g **0%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 3g

Vitamin D 0.1mcg **0%**

Calcium 10mg **0%**

Iron 1.2mg **6%**

Potassium 160mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.