

BF - Vanilla Pudding

# Nutrition Facts

Serving Size ½ cup prepared (38g mix)

Serving Per Container 12

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**Amount Per Serving**

**Calories** 140      Calories from Fat 5

% Daily Value \*

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**Total Fat** 0.5g      **1%**

Saturated Fat 0g      **2%**

Trans Fat 0g

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**Cholesterol** <5mg      **1%**

**Sodium** 210mg      **9%**

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**Total Carbohydrate** 25g      **8%**

Dietary Fiber 0g      **0%**

Sugars 18g

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**Protein** 10g

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Vitamin A 0%      Vitamin C 0%

Calcium 15%      Iron 0%

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\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.