

SPICY SALAD TOPPER

Makes about 1 cup

INGREDIENTS:

- 1 t. olive oil
- 1 bag Enjoy Life Foods Beach Bash Seed & Fruit Mix
- ¼ t. celery salt
- ¼ t. crushed red pepper
- ¼ t. garlic powder
- ¼ t. onion powder

DIRECTIONS:

1. Heat a small nonstick pan and add the 1 t. olive oil.
2. Add the bag of Enjoy Life Beach Bash Seed and Fruit Mix and toss until toasted, about 3-4 minutes over medium heat.
3. Sprinkle the spices over the toasted Seed and Fruit Mix and continue to sauté another 1 minute until fragrant.
4. Remove from heat and cool.
5. Once cooled, use as a salad topper or enjoy just like that as a savory trail mix!