

CIDER VINEGAR SALAD DRESSING with SEED & FRUIT

Makes dressing for 2-4 small salads or one large salad

INGREDIENTS:

- ½ C. extra virgin olive oil
- 3 T. apple cider vinegar
- 2 T. Enjoy Life Foods Beach Bash Seed & Fruit Mix
- ¼ t. ground oregano OR ½ t. whole leaf dry oregano
- Salt and pepper to taste

DIRECTIONS:

1. Whisk together the olive oil and the cider vinegar until well combined.
2. Whisk in oregano and Beach Bash Seed & Fruit Mix.
3. Pour immediately over salad and serve.
4. Garnish with extra Beach Bash Seed & Fruit Mix.