

BUTTER BUDS®

ALL VEGETABLE BUTTER SAUCE

Number of portions: 64 Size of portion: 1 Tbsp

Butter Buds® , dry mix	4 oz bag	Simply mix one 4oz package of Butter Buds® dry mix with 1 quart hot tap water and stir until smooth. Drizzle over vegetables.
Water, hot	1 qt.	Serve over 1/2 c servings of all fresh, frozen or canned vegetables, including: Broccoli, Carrots, Cauliflower, Corn, Corn-on-the-Cob, Green Beans, Mixed Vegetables, Peas, Potatoes, Squash, etc. Servings per recipe: 32 c. vegetables = 64 (1/2 c.) portions served with 1 tbsp. sauce. One 4 oz. packet makes 64 servings (1 tbsp. each)

Nutritional Information

Calories 10 Iron 0.00 mg Protein 0.00 g % Calories from protein Cholesterol 0 mg Calcium 0.00 mg
Carbohydrates 2.00 g 80.00% Calories from carbohydrates Sodium 75 mg Vitamin A 0.0 IU Total Fat 0.00
g % Calories from total fat Dietary Fiber 0.00 g Vitamin A 0.0 RE Saturated Fat 0.00 g % Calories from
saturated fat Vitamin C 0.00 mg Trans Fat 0.00* g % Calories from trans fat

*Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data*