

BUTTER BUDS®

SPANISH RICE

Number of portions: 50 Size of portion: 1/3 Cup

Butter Buds® , dry mix	3/8 cup	Combine Butter Buds® dry mix and water in sauce pan. Stir until well blended. Add onions, green peppers, and celery. Cook for 5 minutes.
Water, warm	1 ½ cup	
Onions, chopped	7 7/8 oz	
Bell Pepper, chopped	6 ¼ oz	
Celery, chopped	8 1/3 oz	

Beef Broth, low sodium	1 qt. 2 cup	Add beef stock (or water) and seasonings. Bring to boil.
Chili Powder	1 tbsp, 1/8 tsp	
Cumin Powder	2 3/8 tsp	
Paprika	¾ tsp	
Onion Powder	¾ tsp	

Rice – uncooked, white	1 lb, 11 oz	Stir in rice, salt, and pepper. Return to boil. Boil for 5 minutes. Reduce heat and cover tightly. Cook over low heat for 10 minutes.
Salt	½ tbsp.	
Pepper	¾ tsp	Stir in diced tomatoes, tomato paste, and water. Cook over low heat for 10-15 minutes. Pour into a steamtable pan (12" x 20" x 2 ½") which has been lightly coated with Buttermist® Spray. Serve hot.
Canned Tomatoes, diced	1 5/8 cup, 9 3/8 tsp w/ juice	
Tomato Paste	7 oz	
Water	¾ cup, 3 ½ tbsp.	

Buttermist® Spray

Nutritional Information

Calories 73 kcal Iron 1.05 mg Protein 2.03 g 11.15% Calories from protein Cholesterol 0.00 mg Calcium 16.00 mg Carbohydrates 15.47 g 84.88% Calories from carbohydrates Sodium 127.46 g Vitamin A 208.87 IU Total Fat 0.22 g 2.76% Calories from total fat Dietary Fiber 0.76 g Vitamin A 35.44 RE Saturated Fat 0.05 g 0.65% Calories from saturated fat Water¹ 64.32 g Vitamin C 6.53 mg Trans Fat¹ *0.00* g *N/A*% Calories from trans fat Ash¹ 0.68 g

*Note: *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes optional nutrient values