

# BUTTER BUDS®

## MACARONI & CHEDDAR BUDS®



Number of portions: 82    Size of portion: 1/2 Cup

Water	3 gallons	Heat water to rolling boil in large stock pot or pan.
Macaroni, dry	4lb + 4oz	Slowly add macaroni to boiling water. Stir constantly until water boils again. Cook about 8 minutes or until tender or according to manufacturer's instructions. Do not overcook. Drain well.
Water	2 qt	Heat water and milk in large sauce pan until hot but not boiling. Add entire package of Cheddar Buds® to sauce pan. Stir with wisk to dissolve Cheddar Buds®. Pour Cheddar Buds® over macaroni and stir gently to combine.
Milk, lowfat, 1%	2 qt	
<b>Cheddar Buds®</b> , dry mix	32 oz bag	

### ***Nutritional Information***

Calories 138 Iron 0.79 mg Protein 3.88 g 11.26% calories from Protein Cholesterol 6 mg Calcium 78.37 mg Carbohydrates 26.88 g 77.91% calories from carbohydrates Sodium 349 mg Vitamin A 46.7 IU Total Fat 0.59 g 3.83% calories from total fat Dietary Fiber 0.76 g Vitamin A 14.0 RE Saturated Fat 0.22 g 1.41% calories from saturated fat Vitamin C 0.00 mg Trans Fat 0.00\*g % Calories from trans fat

*Note: \* - asterisk denotes nutrients with either missing or incomplete nutrient data*