

BUTTER BUDS®

BUTTER SAUCE WITH BUTTER BUDS®

Number of portions: 64 Size of portion: 1 Tbsp

Butter Buds® ,dry mix	4 oz bag	Simply mix one 4oz. package of Butter Buds® dry mix with 1 quart hot tap water and stir until smooth.
Water, hot	1 qt	Serve over 1/2 c servings of all fresh vegetables, potatoes, rice, noodles, oatmeal, grits, chicken, fish, etc. Servings per recipe: 32 c. vegetables = 64 (1/2 c.) portions served with 1 TBSP sauce. One 4oz packet makes 64 servings (1 Tbsp each)

Nutritional Information

Calories 10 Iron 0.00 mg Protein 0.00 g 0.00% Calories from protein Cholesterol 0 mg Calcium 0.00 mg
Carbohydrates 2.00 g 80.00% Calories from carbohydrates Sodium 76 mg Vitamin A 0.0 IU Total Fat 0.00
g 0.00% Calories from total fat Dietary Fiber 0.00 g Vitamin A 0.0 RE Saturated Fat 0.00 g 0.00%
Calories from saturated fat Vitamin C 0.00 mg Trans Fat 0.00* g 0.0% Calories from trans fat

*Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data.*