

Lärabar Peanut Butter Chocolate Chip Bar

Nutrition Facts

16 servings per container

Serving size

1 bar (45g)

Amount Per Serving

Calories

210

% Daily Value*

Total Fat 12g **15%**

Saturated Fat 3g **15%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 6g

Cholesterol 0mg **0%**

Sodium 65mg **3%**

Total Carbohydrate 23g **8%**

Dietary Fiber 3g **11%**

Total Sugars 17g

Includes 4g Added Sugars **8%**

Protein 5g **10%**

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 1.6mg **8%**

Potassium 280mg **6%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.