

Eco-Cuisine Beef Style Mix

Nutrition Facts

Serving Size 85g

Serving Per Container Varied

Amount Per Serving

Calories 140 Calories from Fat 45

% Daily Value *

Total Fat 5g **8%**

Saturated Fat 1.5g **7%**

Trans Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 360mg **15%**

Total Carbohydrate 5g **2%**

Dietary Fiber 4g **17%**

Sugars 0g

Protein 20g

Vitamin A 6% Vitamin C 70%

Calcium 10% Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.