

Nutrition Facts

12 servings per container

Serving size 1/12 package (38g)

Amount Per Serving

Calories**160**

% Daily Value*

Total Fat 4.5g **6%**Saturated Fat 2g **10%***Trans* Fat 0g**Cholesterol** 0mg **0%****Sodium** 180mg **8%****Total Carbohydrate** 24g **9%**Dietary Fiber 3g **11%**

Total Sugars 14g

Includes 14g Added Sugars **28%****Protein** 6gVitamin D 0mcg **0%**Calcium 150mg **12%**Iron 1mg **6%**Potassium 75mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.