## **SCHÄR**

## **GRISSINI STICKS**

Ingredients: Gluten-Free **Schar Italian breadsticks** and **Classic white bread Schär**, smoked salmon or smoked herrings (preferably rolled in multicoloured pepper); ham or Schinken, a few branches of fresh rosemary, fresh dill

Preparation: Wrap ham/Schinken around Grissini (Schar Breadsticks) and a branch of rosemary. Fasten it simply by sticking a needle of rosemary into the ham/Schinken. Arrange the finished Grissini Sticks in a tall, narrow bowl or cup.

Nutritional values/100g

protein 11,4 g fat 16,1 g carbohydrates 22 g Kcal 279 Kj 1174