## ButTER BUDS®

## Toasted Ham \& Cheese Sandwich

Number of portions: 60 Size of portion: 1 sandwich

| Bread, white | 120 slices | Spray Buttermist spray on each sheet pan (18" $\times 26$ " $\times 1$ "). |
| :---: | :---: | :---: |
| American Cheese, | 60 slices, | For 60 servings, use 3 pans. |
| sliced | $\begin{aligned} & \text { (approx. 3lb, } \\ & 12 \mathrm{oz} \text { ) } \end{aligned}$ | Place 20 slices of bread on each sheet pan, 4 across and 5 down. |
| Ham, sliced (approx. | 60 slices | Top each slice of bread with 1 slice (1 oz) of cheese and 1 |
| 11\% fat) | (approx. 6lb, 9 <br> oz) | slice ( $13 / 4 \mathrm{oz}$ ) of ham. Cover with remaining bread slices. Spray tops of sandwiches with Buttermist spray. |
| Buttermist® Spray |  | Bake until lightly browned: Conventional oven: $400^{\circ} \mathrm{F}$ for 15-20 minutes, convection oven: $350^{\circ} \mathrm{F}$ for 10-15 minutes. |
|  |  | Do not overbake. |
|  |  | If desired, cut each sandwich diagonally in half. |

## Nutritional Information

Calories 284 Iron 2.38 mg Protein 10.06 g 26.85\% Calories from protein Cholesterol 43 mg Calcium 287.41 mg Carbohydrates 20.21 g 41.15\% Calories from carbohydrates Sodium 1397 mg Vitamin A 750.0 IU Total Fat $9.91 \mathrm{~g} \mathrm{31.43} \mathrm{\%}$ Calories from trans fat Dietary Fiber 1.84 g Vitamin A 150.0 RE Saturated Fat $4.82 \mathrm{~g} \mathrm{15.27} \mathrm{\%}$ Calories from saturated fat Vitamin C 1.98 g Trans Fat 0.00* g \% Calories from trans fat

Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data

